

**T.M.KALRA, M.D.**  
**A Professional Corporation**

**INSTRUCTIONS FOR ENDOSCOPY PROCEDURES**  
**(EGD OR ERCP)**

\*\*\*DO NOT TAKE ASPIRIN OR PRODUCTS CONTAINING ASPIRIN (ADVIL, ALEVE, & IBUPROFEN) FOR ONE WEEK PRIOR TO YOUR PROCEDURE. NO INTAKE OF BLOOD THINNERS LIKE COUMADIN OR PLAVIX ETC. FOR 5 DAYS BEFORE THE PROCEDURE.

THE ONLY APPROVED PAIN RELIEVER IS TYLENOL

**PREPARATION FOR THE PROCEDURE:**

1. Report to Outpatient Registration @ \_\_\_\_\_ on \_\_\_\_\_ at \_\_\_\_\_  
*You will not be allowed to drive home after the procedure. Please arrange for a friend or family member to provide transportation.*
  
2. **DO NOT EAT, DRINK, SMOKE, OR CHEW ANYTHING AFTER MIDNIGHT, ON THE NIGHT BEFORE YOUR PROCEDURE. IF YOUR PROCEDURE IS IN THE AFTERNOON, DO NOT EAT, DRINK, SMOKE OR CHEW ANYTHING AT LEAST 6 HOURS BEFORE YOUR CHECK-IN TIME.**
  
3. Essential medication may be taken with *small* sips of water on the morning of your procedure.

**KEEP YOUR APPOINTMENT! A CANCELLED OR NO-SHOW PROCEDURE APPOINTMENT WITHOUT A 72 HOUR BUSINESS DAY NOTICE WILL RESULT IN A \$200 CHARGE, AS STATED IN OUR CANCELLATION POLICY.**

\_\_\_\_\_ PATIENT SIGNATURE

*\*By signing, you are acknowledging that you have received your procedure instructions and agree the terms of our cancellation policy.*

## **ATTENTION: ALL PATIENTS**

Please be advised when scheduling your outpatient procedures, that some insurance plans are now instating a facility deductible or co-payment for outpatient surgeries, regardless of whether or not your designated facility is in your network.

Please read your benefits book, or call your insurance company to acquire specific details about your coverage, so that you are not surprised by any fees on the day of your procedure, as these can be over \$1,000.00.

Please be advised that there are four (4) potential providers involved with your procedure:

1. Dr Kalra
2. Hoag Hospital OR Newport Beach Surgery Center
3. The pathology department at Hoag Hospital OR Newport Beach surgery Center
4. Anesthesia department of Hoag Hospital OR Newport Beach Surgery Center (*ONLY IF THIS APPLIES TO YOU.*)

Also note that you will need to refer your questions about cost estimates to your insurance company. Dr. Kalra's office cannot answer your questions regarding coverage and/or benefits. Dr. Kalra's staff only acquires authorization from your insurance company. They do not know any other information.

Thank you